



Volunteer



Easter Dinner

Help needed on Thursday, April 5th

Two shifts: 10 am to 2 pm and
2:00 pm to 6:00 pm

People interested can email Rodrigo at rodrigo@ourplacesociety.com or call me at (250) 388-7112 ext. 243

Tuesday Haircuts

Thanks to our volunteer: Heather, we will be having haircuts on Tuesdays from 9 am to Noon every week. She is very nice and friendly and ready to groom.

Volunteer Absences

A friendly reminder that we appreciate knowing when you are going to be away, particularly for an extended period of time. And if you haven't already let us know, please take a moment to do so. Much appreciated!

Contact Rodrigo at:
(250) 388-7112, ext. 243
rodrigo@ourplacesociety.com

Poster seen at Wall Street

The money required to eradicate hunger for everyone in the world has been estimated at \$30 billion a year.

IT IS A HUGE SUM OF MONEY
...about as much as the world spends on the military every eight days.]

"If only the war on poverty were a real war. Then we might actually be putting money into it"

The Community Volunteer Training Programme



FREE for
registered
participants

Supporting Community Agencies and Volunteers

- Do you currently volunteer with a community agency?
- Do you want to increase your knowledge, skills and confidence to further support people facing multiple barriers?
- Can you commit to an 8 week training program?

This unique training opportunity brings together volunteers from a variety of community agencies in a participatory learning environment. Participants will strengthen their capacity to work with vulnerable populations that are facing multiple challenges related to mental illness, addictions, poverty, social isolation and minimal coping skills.

Tuesdays: April 10 – May 29 (5:30-8:30 pm)
Classes held at First Met United Church (Balmoral and Quadra)

For an application, contact your Volunteer Coordinator

For more info contact **Marna** at 250-595-8619 or

msmith@coolaid.org

Application deadline - March 22nd.



Objective:

To deliver an innovative training program for adults who currently volunteer, or seek to volunteer, with community agencies that support people facing barriers, including mental health challenges, addictions, poverty and social isolation.

Benefits to Participating Agencies:

- Your volunteers will increase their capacity to understand, welcome and support agency clients/participants - The Training becomes an additional benefit and form of recognition to offer to new or existing agency volunteers - There will be improved volunteer engagement and retention - Your agency profile will increase with the opportunity for agency information to be shared with participants and potential future volunteers.

Benefits to Volunteers of Participating Agencies:

Volunteers will increase their skills, knowledge and confidence to support clients facing mental health,

addictions and related challenges - Volunteers will gain insights and support to help maintain healthy boundaries and to encourage self-care - Volunteers will have the opportunity to network with like-minded volunteers and professionals - Volunteer will receive a Certificate of Completion

Note to Participating Agencies:

Your involvement would include disseminating information about the training within your own agency and referring those volunteers who you think would benefit most from the training. Please identify a contact person who could assist with problem solving should any agency volunteer issue arise with an agency volunteer. Your feedback regarding the benefit and impact on your volunteers and agency would be greatly appreciated and would be incorporated into our reporting requirements and the future development of the program.